

# For Parents: How to Use Nintendo Switch Parental Controls

In today's digital age, ensuring your child's safety online can feel overwhelming, especially with the variety of devices and their unique parental controls.

The Nintendo Switch, a favourite among young gamers, offers a comprehensive set of parental controls to help manage your child's gaming experience.

#### Parental Controls on Nintendo Switch

The Nintendo Switch provides numerous parental controls, including browser restrictions, game age ratings, and chat settings. To assist parents, Internet Matters has created a detailed guide that can be found on the following link:

https://www.internetmatters.org/parental-controls/gaming-consoles/nintendo-switch/

#### Why Use Nintendo Switch Parental Controls?

Nintendo Switch allows children to play and connect with others, making it essential to utilise the Parental Controls app. This app lets you manage your child's gaming from your smartphone, without needing to access the Switch directly.

#### **Getting Started**

To set up parental controls, you need the Nintendo Switch Parental Controls app and a Nintendo account. Here are the basic steps:

#### 1. Set Up Parental Controls:

- On your child's Switch, go to System Settings > Parental Controls > Parental Control Settings.
- Download the Nintendo Switch Parental Controls app on your smartphone.
- Follow the app instructions to connect it to your child's Switch.
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### 2. Create a Family Group:

- Go to accounts.nintendo.com and log in with your account.
- Create a Family Group and add your child's account.
- Manage settings such as spending and age restrictions.
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- 3. Set Spending Restrictions:

- In your Family Group, select the child's account.
- Go to Parental Controls > Spending Restrictions and set the appropriate limits.
- Enable Age-Based Purchase Restrictions to ensure your child only sees ageappropriate content.
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## 4. Set Age Restrictions:

- Use the Nintendo Switch Parental Controls app to set age limits.
- Adjust settings for content sharing, communication, and VR use according to your child's age.
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## 5. Set Play Time Limits:

- In the Parental Controls app, go to Settings > Play Time Limit.
- Set daily play time limits and a bedtime alarm to manage screen time effectively.

By following these steps, you can help ensure your child's safety and well-being while they enjoy their Nintendo Switch.