

# ANTI-BULLYING POLICY

# **Whole School Policy**

Reviewed and Updated: 16th February 2022 by J Conway

Reviewed by SLT: 14th February 2023

Next Review: February 2024

# Policy Review at Shebbear College

The SLT acknowledge their responsibility to ensure that this policy is effective and follows regulatory requirements. The SLT and Governors undertake a regular review (at least annually) to satisfy themselves that the implementation of this policy is effective.

## Introduction

Shebbear College is a caring community founded upon Christian values and, as such, the well-being of each of its members is a prime concern. It takes its responsibility very seriously to protect and safeguard the welfare of the pupils in its care. 'The welfare of the child is paramount' (Children Act 1989) and 'Every Child Matters'.

This policy has been prepared bearing in mind the guidance issued by DCSF's "Safe to Learn – Embedding Anti-bullying Work in Schools" as well as the Department for Education's "Preventing and Tackling Bullying".

The control and management of anti-social behaviour and bullying is important for all schools, particularly in the light of recent high-profile cases and court rulings, which have emphasised schools' responsibilities and duty of care in this issue.

This document sets out the College's policy in relation to the issue of bullying and is designed to give an understanding of what bullying is as well as providing what to do if bullying is suspected. It reflects a belief that bullying is not acceptable under any circumstance. However, it also supports the belief that bullying is best prevented by educating our pupils from the earliest age (EYFS) in the effects and consequences of anti- social behaviour in all its forms and by actively promoting the College ethos based on mutual respect, fairness and equality.

# **Principles**

All pupils have an absolute right to be educated in a safe and secure environment and to be protected from others who may wish to harm, degrade or abuse them.

Shebbear College is committed to preventing all forms of bullying from occurring, including all forms of racist, sexist and homophobic behaviour and bullying towards those pupils on the SEND register, or pupils with a disability. We appreciate the serious consequences of bullying, and the impact that it can have on a child's physical and emotional wellbeing and development. Bullying will not be tolerated in our College. Pupils have the right to feel happy and safe at school.

There is no justification for bullying behaviour and it should not be tolerated in any form. Individuality and the differences in pupils are seen in our College as reasons to celebrate and not as negatives to fuel anti-social and bullying behaviour.

Bullying behaviour is also recognised as a problem for the bully as well as the victim and we look to support both, by sensitive and constructive support strategies which look to protect the victim whilst looking to educate and change the future behaviour of the perpetrator/s.

Effective management of bullying is a shared responsibility and strategies used within the College should involve staff, parents/carers and other professionals (where appropriate) as well as the victims and perpetrators themselves.

## **Definitions**

Bullying is behaviour by an individual or group, repeated over time, that intentionally hurts, harms or humiliates another individual or group either physically or emotionally.

The College recognises that the well-being of each person is best fostered where it is established within the College ethos that we have a mutual responsibility to each other. It should therefore be acknowledged by all that the following activities are unacceptable and defined as bullying: -

- Persistent verbal intimidation such as the use of threats, derogatory nicknames and personal comments. It is necessary to distinguish between harmless banter and what is hurtful. The people receiving these comments will not always show their true feelings.
- Unpleasant or aggressive actions which originate through racial, religious, cultural, sexual, sexist or homophobic motivation, or which arise from issues of disability or special educational needs and disability; alternatively, as a result of a child being adopted or is acting as a carer. This includes verbal, physical, written actions, those involving use of communication technology and graffiti.
- Unwanted physical contact or sexually abusive comments because of or focusing on the issue of sexuality. This includes heterosexual and references to Lesbian, Gay, Bisexual and Transgender issues (LGBTQ+).
- Deliberate exclusion or ostracising of individuals or groups from the common social involvement.
- Threatening demeanour towards others who are younger, smaller or more sensitive.
- Any physical harm caused by deliberate or reckless behaviour.
- Bullying may occur directly or through cyber-technology (social websites, mobile phones, text messages, photographs and email).

There are many other types of aggressive behaviour that do not fit the definition of bullying. This does not mean that they are any less serious or require less attention than bullying. Rather, these behaviours require different prevention and response strategies.

# Types of cyber-bullying

- **Flaming:** Online fights usually through emails, instant messaging or chat rooms where angry and rude comments are exchanged.
- **Denigration:** Putting mean online messages through email, instant messaging, chat rooms, or websites set up to make fun of someone.
- Exclusion: Intentionally leaving someone out of a group such as instant messaging,

friend sites, or other online group activities.

- Outing: Sharing secrets about someone online including private information, pictures, and videos.
- **Trickery:** Tricking someone into revealing personal information then sharing it with others.
- **Impersonation:** Pretending to be someone else when sending or posting mean or false messages online.
- **Harassment:** Repeatedly sending malicious messages to someone online.
- **Cyber-stalking:** Continuously harassing and denigration including threats of physical harm.

Note – pupils in Forms 1-3 in the Senior School are not allowed to have their phones switched on during the school day, unless they have been given permission from a member of staff. Phones must be handed in to the tutor at morning registration. Pupils in Form 4 & 5 need to keep their phones in their bags or lockers and should not use them in the school day without permission. Pupils in the Prep School are not permitted to have their mobile phone with them during the school day. They must hand it in to their class teacher on arrival in the morning and then collect it when leaving at the end of the school day.

Some forms of bullying are illegal and should be reported to the police. These include:

- violence or assault or theft
- repeated harassment or intimidation, e.g. name calling, threats and abusive phone calls, emails or text messages
- hate crimes

#### Actions NOT considered to be bullying

- Not liking someone
- Being excluded
- Accidentally bumping into someone
- Arguments
- Expression of unpleasant thoughts or feelings regarding others
- Isolated acts of harassment, aggressive behaviour, intimidation, or meanness

## Reasons for bullying

Some reasons why children might bully someone include:

- They think it's fun, or that it makes them popular or cool
- They feel more powerful or important, or they want to get their own way all the time
- They feel insecure or lack confidence or are trying to fit in with a group
- They are fearful of other children's differences
- They are jealous of another child
- They are unhappy
- They are copying what they have seen others do before, or what has been done to them.

#### The effects of bullying

All forms of bullying cause psychological, emotional and physical stress. Each child's response to being bullied is unique, however some signs that may point to a bullying problem are:

- depression and anxiety
- increased feelings of sadness, helplessness, decreased self-esteem and loneliness
- loss of interest in activities they used to enjoy
- unexplainable injuries
- lost or destroyed clothing, books, electronics, or jewellery
- frequent headaches or stomach aches, feeling sick or faking illness
- changes in eating habits, like suddenly skipping meals or binge eating. Children may come home from school hungry because they did not eat lunch

- difficulty sleeping or frequent nightmares
- · declining grades, loss of interest in schoolwork, or not wanting to go to school
- sudden loss of friends or avoidance of social situations
- self-destructive behaviours such as running away from home, harming themselves, or talking about suicide.

## **Policy**

The College's intention is to be an anti-bullying school. This can only be achieved if we work in partnership with parents, adopting a proactive and preventative approach and in particular:

- Continually reminding pupils about the issue of bullying and its consequences, through our PSHE programme, chapel and assemblies. Visiting speakers may also provide input for pupils, staff and parents, especially on matters relating to cyber-bullying;
- Being on the lookout for potential problems;
- Seeking the cooperation of parents and pupils to inform us at an early stage of issues;
- Raising the subject with the school council as part of the review process and seeking feedback from pupils through representatives' input;
- Raising awareness of staff through training;
- Recording all incidences of bullying on CPOMS and reviewing this regularly (Senior Deputy Head & Head of Prep) to ensure action designed to prevent their reoccurrence.
- Taking action to reduce the risk of bullying at times and in places where it is most likely.

As such behaviour is unacceptable then it follows that action should be taken to curtail such behaviour when it occurs. It is therefore proper for others present to intervene personally (on behalf of any who suffer) in so far as their own well-being is not endangered and to report such instances to those who can take proper action (prefects – day and boarding, class teachers, form tutors, Housemaster/mistress, Head of Prep, Deputy Heads and the Head).

The pastoral system at the College has proven to be very effective in the resolution of such difficulties when it is aware of them; no pupil, friend or parent should feel reluctant or scared to discuss these problems at the relevant level. Any such discussions are in confidence (where possible), if that is requested, but the College's priority is that the cause of the unhappiness should cease.

Support will always be offered to both the bullied and the bully. This may take the form of help and discussion with a tutor, class teacher, the chaplain, or another member of staff or, if it is felt to be necessary and useful, with external agencies. It is recognised that the reason for the bully's behaviour needs to be addressed if a successful outcome is to be achieved. Sanctions may be invoked as set out in the College's behaviour management policies and can possibly lead to the removal of the protagonist from the College.

Where cyber-bullying involves threats through written or verbal messages the Collegehhas the right to contact the local police or other agencies where they believe that these threats may be serious and a potential criminal offence may or may not have been committed.

An extensive explanation of procedures relating to the use of technology and to cyberbullying can be found in the College's **e-Safety Policy.** 

A bullying incident may be addressed as a child protection concern when there is "reasonable cause to suspect that a child is suffering, or is likely to suffer significant harm". Where this is the case, the matter will be discussed with the Designated Senior Lead for Child Protection or their deputy, and the College's **Safeguarding and Child Protection Policy** may be implemented.

The Pastoral team also has powers to respond to bullying outside of Collegepremises, and to search for and confiscate items that may have been used to bully or intimidate (The Education and Inspections Act 2006: The Education Act 2011).

At the beginning of each academic year every Senior School pupil, including boarders, receives a House handbook which contains a summary of the key points of this policy.

Housemasters/Mistresses explain this to their House. The Prep School handbook is sent to Prep parents at the start each year.

Education: Measures are taken throughout each year to educate pupils about bullying and this policy. These measures include:

- Regular input through the PSHE Programme including training sessions for all pupils and parents (voluntary) in e-safety
- Anti-Bullying messages are given in chapels, assemblies and House assemblies;
- Focus events related to charitable initiatives across the College;
- Through Religious Studies lessons across the Collegelwhere the moral and ethical aspects can also be considered.
- Projects, Drama lessons, stories and class discussions can all help to reinforce the importance of tolerance and avoiding prejudice-based language.

Staff Training: Appropriate training in all aspects of care is arranged to ensure that all pastoral staff, including boarding staff and Housemasters/Mistresses, as well as other staff involved in the pastoral management of pupils have the necessary professional skills, especially:

- awareness of the risk and indications of child abuse and bullying, and how to deal with cases;
- listening skills;
- providing support following a bereavement.

Regular up-dates are given to staff, especially when the Anti-bullying Policy has been updated, to enable staff to reaffirm their understanding of the principles of this policy whilst ensuring that the legal responsibilities are understood. Discussions in tutor Meetings, House meetings and pastoral meetings allows staff to discuss the actions which can be adopted to help resolve and prevent problems as well as allowing time for the sharing of good sources of support both the pupils and the staff.

Where new and more complex areas are introduced, the College will invest in specialised speakers or trainers who will help the staff to understand the needs of pupils in a variety of situations, including those with SEN or disabilities and LGBTQ+ pupils.

Legal aspects: Bullying behaviour may also be regarded as threatening behaviour or harassment which can be either a criminal offence or a civil wrong. Misuse of electronic communications could also be a criminal offence, for example it is an offence to send an electronic communication (such as a text message or e-mail) to another person with the intent to cause distress or anxiety.

# **Implementation**

Shebbear College is committed to creating a bullying-free environment and will ensure that it applies a zero tolerance policy to anti-social and bullying behaviour, across both the Prep and the Senior School. All staff involved in the teaching and supervision of children will take responsibility for reporting and addressing incidents of anti-social and bullying behaviour (as defined) and will ensure that the perpetrators and victims receive the support and management they require. All incidents will be clearly documented on CPOMS.

Pupils with SEND will have their additional needs considered if dealing with an alleged incidence of bullying.

As a boarding school we acknowledge that a boarder who is being bullied (off line) cannot always escape their bullies for long periods of time as they are not going home as often as a day pupil. The Housemaster/Housemistress are alerted to any incidents of bullying and appropriate actions

will be discussed with those involved and put in place as a priority.

All pupils will be made aware that incidents of anti-social and bullying behaviour should be reported to staff.

All pupils will be educated about the issue of bullying and its consequences, through our PSHE programme and assemblies.

All staff will be made aware that incidents of anti-social and bullying behaviour should be reported and documented.

Visiting speakers may also provide input for pupils, staff and parents, especially on matters relating to cyber- bullying.

#### All staff will:

- Foster in our pupils self-esteem, self-respect and respect for others.
- Demonstrate by example the high standards of personal and social behaviour we expect of our pupils.
- Be alert to signs of distress and other possible indications of bullying.
- Listen to children who have been bullied, take what they say seriously and act to support and protect them.
- Report suspected cases of bullying to the SLT.
- Follow up any reported incident by a parent about bullying, and report back promptly and fully on the action which has been taken.
- Deal with observed instances of bullying promptly and effectively, in accordance with agreed procedures.
- Do all they can to support a child who is being bullied.
- Promote Fundamental British Values and pay "due regard to the need to prevent people from being drawn into terrorism" through Democracy, Rule of Law, Individual Liberty and Mutual Respect and Tolerance of those with different faiths and beliefs.
- Staff should be particularly alert to pupils who may be particularly vulnerable to bullying, for reasons of race, disability, sexual orientation, gender, creed, SEND, or any other reason.

# The role of governors

The governing body supports the Head in all attempts to eliminate bullying from the College. The governing body will not condone any bullying at all, and any incidents of bullying that do occur will be taken very seriously, and dealt with appropriately. The governing body monitors incidents of bullying that do occur, and reviews the effectiveness of this policy regularly. The governors require the Head to keep accurate records of all incidents of bullying and to report to the governors on request about the effectiveness of the College's anti-bullying strategies.

If a parent/carer has a complaint about how an incident has been dealt with, the complaint will be dealt with in accordance with the Complaints policy, which can be accessed from the College's website.

# **Bullying outside College premises**

Teachers have the power to discipline pupils for misbehaving outside the College premises "to such an extent as is reasonable". This can relate to any bullying incidents occurring anywhere off the College premises, such as on College or public transport, outside the local shops, or in a town or village centre. Where bullying outside College is reported to staff, it will be investigated and acted on. The Senior Deputy Head (Pastoral) or Head of Prep will also consider whether it is appropriate to notify the police or anti-social behaviour coordinator of the local authority of the action taken against a pupil. If the misbehaviour could be criminal or poses a serious threat to a member of the public, the police will always be informed. In all cases of misbehaviour or

bullying the teacher can only discipline the pupil on College premises or elsewhere when the pupil is under the lawful control of the staff member.

# **Reporting and sanctions**

### How to report bullying

- Pupils and parents are advised, in the first instance, to report all accusations of bullying / bullying behaviour to the pupil's tutor (Senior) or class teacher (Prep).
- The member of staff will advise the pupil/parent of what course of action they will take and they will pass on details of the accusation to the Housemaster/Mistress (Senior) or Head of Prep.
- If felt appropriate, an incident can be reported directly to the Housemaster/Mistress or Head of Prep.

## **Procedures**

Where an instance of bullying (including cyber-bullying) has been brought to your attention, be it reported by a pupil or parent, or simply observed around the College, please follow the guidance below for reporting and recording the details.

- If a child is at significant and immediate risk, this will constitute a safeguarding incident, and staff have a duty to report this under the terms of KCSIE. On such occasions staff should exercise their judgement, but should not hesitate to contact external agencies (such as the police or children's social care) should the DSL or another member of the SLT not be available.
- On receiving a report or observing bullying behaviour please note the details in writing on CPOMS. Please then speak to the Housemaster/Mistress for Senior pupils or the class teacher for Prep pupils about this to clarify details which may be unclear.
- The Housemaster/Mistress or class teacher will decide on the most appropriate way to proceed, consulting the Senior Deputy Head (Pastoral) or Head of Prep if required.
- For lower level incidents/issues, a tutor may be asked to intervene, speaking to the relevant parties and supporting both parties to try to resolve the situation. The matter should still be recorded on CPOMS.
- For more serious incidents, Housemasters/mistresses for Senior pupils or the Head of Prep for Prep pupils will investigate, possibly with a second member of staff (who will act as a scribe as well as protecting those involved). Where appropriate, sanctions may have to be given to some or all of those involved.
- If the matter is of a very serious nature or repeated bullying following previous investigations, then a referral to the Head and a possible suspension/exclusion may be the outcome. All interviews/investigations must be fully documented in writing and passed to the Housemaster/Mistress or Head of Prep for filing.
- In the Senior School where the pupils involved are from different Houses, both Housemaster/Mistress should oversee the investigation.
- A report must record the date, time, names of the pupils interviewed and the staff present, as well as the details of the investigation, the outcomes and any action taken. All reports should be filed in the pupils' individual files and must be signed by pupils and staff involved.
- All incidents reported, however minor, must be logged as "Bullying Incidents" on CPOMS.
- This is laid out in such a way to enable patterns to be identified. The Safeguarding Governor will view this file regularly (and also as part of the annual review of Safeguarding).
- After the incident/incidents have been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place.
- Where a child is suffering or is likely to suffer significant harm, the bullying incident should be treated as a child protection concern, and the DSL informed and involved.

The nature of the school's response to an incident or report of an incident will be determined

by the particular needs of the individuals involved and may include:

- The offer of an immediate opportunity to discuss the experience with a tutor or member of staff of their choice
- Reassurance that the problem is being taken seriously
- The offer of continuous support
- Strategies aimed to restore their self-esteem and confidence
- Immediate action to stop the incident and ensure the child's safety
- Positive reinforcement that reporting the incident was the correct thing to do
- Reassurance that the victim is not responsible for the behaviour of the perpetrator
- Strategies to prevent recurrence of the incident
- Sympathy and empathy
- Counselling (involving specialist staff, if necessary)
- Extra monitoring and supervision
- Peer mediation
- Informing parents/carers
- Mediation between the victim and the perpetrator
- Arrangement to review the situation

The College takes all issues of anti-social and bullying behaviour seriously and will, where possible, adopt a supportive approach to the perpetrators as well as the victims. Sanctions may be imposed to demonstrate that such behaviour is unacceptable but there will also be opportunity for educating and supporting individuals to promote a change in their behaviour. Staff will respond to incidents in a proportionate way — with the more serious incidents facilitating the strongest response. When sanctions are considered necessary then they will be applied consistently and fairly. Responses may include:

- Discussion of what has happened
- Exploration of why they became involved in the bullying incident
- Immediate action to stop an incident in progress
- Engagement with the individual to reinforce the message that the behaviour is unacceptable and to clarify why this is
- The temporary loss of privileges
- The temporary removal of a child from the class or situation
- The child to report to the Senior Deputy Head (Pastoral) (Senior pupils) or Head of Prep to discuss the incident/incidents
- The parents/carers of the child to be informed
- The parents/carers of the child to be invited into College to discuss the behaviour
- Counselling to promote change in behaviour
- Staff mediation between the victim and the perpetrator
- Fixed periods of exclusion\*
- Permanent exclusion \*

\*Both of these responses would follow further consultation between the Senior Deputy Head (Pastoral), Head of Prep, the pupil or pupils concerned, the parents of these pupils, the Head of the College and possibly members of the Governing Body.

Note: Each bullying incident will be individually investigated and will be dealt with in an appropriate manner which should take into account the circumstances of it.

## **Sanctions:**

Shebbear College has set procedures to follow in implementing sanctions where a bullying incident has occurred and sanctions (see below) are applied in appropriate proportion to the event. In the event of all other avenues being exhausted, or in particularly serious cases that lead to exclusion, governors will examine the evidence that a wide range of strategies had been tried and failed to affect a positive change in the bullying behaviour.

It is hoped that early intervention will result in the modification of behaviour and that any

incidents will have to go no further than a verbal warning; however, depending on the seriousness of the situation, the following sanctions can be applied:

## **Prep School Sanctions**

#### Level 1 - WARNING

Evidence of 'low level' 'unpleasantness' towards another pupil. Might typically include name calling / general anti-social behaviour. Will probably be a 'one-off' but warrants logging and the pupil being warned and the perpetrator apologising.

#### **Level 2 - DETENTION**

Repetition of 'unpleasantness / anti-social' unkind behaviour towards another pupil. School Detention – Parents informed.

#### Level 3 - DETENTION & CONTRACT

Evidence of persistent bullying behaviour directed at an individual over time (physical and / or emotional)

- Detention
- Parents of both parties informed
- Perpetrator to be placed on a 'behavioural contract' or monitor card (with specific targets)

## Level 4 - HEAD OF PREP'S FORMAL WARNING & SUSPENSION

- A pupil on a 'behavioural contract' who fails to uphold agreement will receive a Head / Head of Prep formal warning.
- Subsequent failure to adhere to contract, suspension at Head of Prep's discretion.

### Level 5 - PERMANENT EXCLUSION

See the College's Expulsion, Suspension and Appeals Policy for further details During the process, all pupils will also be offered support and guidance on modifying their behaviour, including counselling if necessary.

## **Senior School Sanctions**

#### Level 1 - Tutor chat

- Evidence of 'low level' 'unpleasantness' towards another pupil. Might typically include name calling/general anti-social behaviour.
- iSAMS email will be sent to parents by the tutor.

### Level 2 – HsM/HoF chat

- Repetition of 'unpleasantness/anti-social' unkind behaviour towards another pupil.
- Pupil spoken to by HsM/HoF.
- ISAMS email sent to parents by HsM/HoF

#### **Level 3 – Lunchtime Detention**

- Evidence of persistent bullying behaviour directed at an individual over time (physical and/or emotional)
- Parents of both parties informed
- Lunchtime detention
- Letter sent by HsM/HoF

#### **Level 4 – Senior Detention**

- Incidents of increased, continued or serious unkindess towards others
- Parents of both parties informed
- Pupil may be placed on a Behaviour Agreement
- Senior detention issued, Friday 16:30
- Letter sent to parents by Senior Deputy Head

## **Level 5 – Head's Detention**

- Severe and/or repeated incidents of bullying and unkindess
- Parents of both parties informed
- Pupils may be asked to be on a Behaviour Pledge
- Head's detention issued, Saturday 8:30-10:00
- Letter sent to parents by the Head

#### Level 6 – Further measures at the Head's discretion

- Subsequent failure to adhere to agreement or Pledge
- Period of reflection, suspension or exclusion at Head's discretion.

See the School's Expulsion, Suspension and Appeals Policy for further details During the process, all pupils will also be offered support and guidance on modifying their behaviour, including counselling if necessary.

In very serious cases it may be necessary to make a report to the Police or Social Services. However, it is the policy of the College to attempt to resolve such issues internally using our own disciplinary sanctions, unless the matter is of such gravity that a criminal prosecution is likely.

Children who have bullied others will be given advice and support and taught strategies that will enable them to control their unacceptable behaviour and understand the consequences of their actions.

Shebbear College recognises that there are particular times when a pupil may be more vulnerable to incidents of anti-social or bullying behaviour - lunch and break times and the beginning and end of the Collegeday. We recognise the need to ensure adequate supervision at these times to minimise the possibility of these incidents arising.

Pupils will be encouraged to discuss incidents of anti-social or bullying behaviour with staff. Staff will then take positive steps to act on these and the discussion will be recorded in the child's pastoral record.

Parents who believe that their children are the victims of anti-social or bullying behaviour are encouraged to share their concerns with the Collegehat the earliest opportunity and are encouraged to work with the Collegeto protect their children from further incidents and to keep them safe in the future. All expressions of concern will be taken seriously and thoroughly investigated with documentation entered into the child's pastoral record.

If parents believe that their child is demonstrating signs of anti-social or bullying behaviour themselves then the information should be shared with the Collegelso that the problem can be addressed and a plan of action agreed. All documentation will be recorded in the child's pastoral record.

Shebbear College is fully committed to working in partnership with parents, and believes that the best outcomes occur when there is home/school cooperation and agreement.

However, isolated and less serious incidents of anti-social behaviour may be managed by the College and parents are informed.

## Scope

This policy ordinarily applies only to incidents of bullying which takes place on College premises or whilst a pupil is in the care of the College on a trip or a related activity. The College is not legally responsible for bullying which takes place in other circumstances.

However, the College has an enduring interest in the welfare and conduct of its pupils and will respond to any information it receives about bullying outside school thus:

- If it emerges that a pupil at the College is responsible for bullying other children outside College then this matter will be addressed in a robust fashion in accordance with the College's terms and conditions and (if appropriate) the bully's parents informed.
- If a pupil at the College is found to be the victim of bullying outside the College then help and support will be offered and advice given on how to avoid further incidents in the future. The victim's will be informed.

## Conclusion

The College recognises that bullying is a serious and pernicious form of behaviour which can cause psychological damage, hurt, loss of self-esteem and can in extreme cases lead to suicide. The best defence against anti-social behaviour is the clear acknowledgement by each member of the community of a personal responsibility for the well-being of others and a willingness to take appropriate action on behalf of those in need.